

**BC ATHLETICS 2010 TRACK AND FIELD JAMBOREE**  
**14/15 YR, YOUTH, JUNIOR, SENIOR & COMBINED EVENTS (REVISED JULY 17, 2010)**

**FRIDAY, JULY 16, 2010**

**TRACK**

5:30 pm 300m Semi Finals—Women 14/15 yr  
5:40 pm 300m Semi Finals – Men 14/15 yr  
5:50 pm 400m Semi Finals – Women Yth  
6:00 pm 400m Semi Finals – Men Yth  
6:10 pm 400m Semi Finals – Women Jr  
6:20 pm 400m Semi Finals – Men Jr  
6:40 pm 400m Semi Finals – Women Sr  
6:50 pm 400m Semi Finals – Men Sr  
7:00 pm 5000m—Men Jr, Sr  
  
7:25 pm 5000m—Women Jr, Sr  
7:45 pm 2000m SC—Men Yth  
8:00 pm 1500m SC—Men 14/15yr  
8:10 pm 1500m SC—Women 14/15yr  
8:25 pm 2000m SC—Women Yth, Jr  
8:40 pm 3000m SC—Women Sr

**FIELD EVENTS**

5:00 pm Javelin—Men Jr, Sr  
6:00 pm Hammer—Women Jr, Sr  
6:00 pm Triple Jump—Men Jr, Sr  
7:00 pm Hammer—Men Jr, Sr  
7:00 pm Triple Jump—Women 14/15yr, Yth  
7:45 pm Triple Jump – Women Jr, Sr

**SATURDAY, JULY 17/2010**

**TRACK**

2:15 pm 110mHur Final—Men Jr, Sr  
2:23 pm 110mHur Final—Men Yth  
2:30 pm 100mHur Final—Men 14/15yr, Pent  
2:37pm 100mHur—Women Jr, Sr, Hep (Jr, Sr)  
2:45 pm 100mHur—Women Yth, Hep (Yth)  
2:55 pm 80mHur—Women 14/15yr, Pent  
3:15 pm 100m Semi Finals—Women 14/15yr  
3:20 pm 100m Semi Finals – Men 14/15 yr  
3:25 pm 100m Semi Finals – Women Yth  
3:30 pm 100m Semi Finals – Men Yth  
3:35 pm 100m Semi Finals – Women Jr  
3:35 pm 100m Semi Finals – Men Jr  
3:40 pm 100m Semi Finals – Women Sr  
3:45 pm 100m Semi Finals – Men Sr  
4:00 pm 100m Men Oct  
4:05 pm 100m Men Dec (Jr, Sr)  
4:15 pm 300m Final—Women 14/15yr  
4:20 pm 300m Final—Men 14/15yr  
4:25 pm 400m Final—Women Yth  
4:30 pm 400m Final—Men Yth  
4:35 pm 400m Final—Women Jr  
4:40 pm 400m Final—Men Jr  
4:45 pm 400m Final—Women Sr

4:50 pm 400m Final – Men Sr  
5:00 pm 400m WC - Women & Men (all ages)  
5:50 pm 200m - Women Hep (all ages)  
6:10 pm 100m Final—Women 14/15yr  
6:15 pm 100m Final—Men 14/15yr  
6:20pm 100m Final—Women Yth  
6:25 pm 100m Final—Men Yth  
6:30 pm 100m Final—Women Jr  
6:35 pm 100m Final—Men Jr  
6:40 pm 100m Final—Women Sr  
6:45 pm 100m Final—Men Sr  
6:50 pm 100m—WC Women, Men (all ages)  
7:05pm 800m - Women Pent  
7:10 pm 1200m Final—Women 14/15yr  
7:20 pm 1200m Final—Men 14/15yr  
7:30 pm 400m – Men Oct  
7:40 pm 1500m Final—Women Yth  
7:50 pm 1500m Final—Men Yth  
8:00 pm 1500m Final—Women Jr, Sr  
8:10 pm 1500m Final—Men Jr, Sr  
8:20 pm 1500m WC Final –Women, Men (all ages)

**FIELD EVENTS**

2:00 pm Pole Vault—Women 14/15yr, Yth, Jr, Sr  
2:30 pm Hammer—Men 14/15yr, Yth  
3:10 pm High Jump—Women Hep  
3:30 pm High Jump – Women Pent  
4:15 pm Shot Put—Men 14/15yr, Yth  
4:30 pm High Jump – Women (all ages)  
4:30 pm Pole Vault—Men 14/15yr, Yth  
4:30 pm Shot Put – Women Pent, Hep  
4:30 pm Hammer—Women 14/15yr, Yth  
4:45 pm Long Jump—Men Oct  
5:30 pm Long Jump – Women Pent  
6:00 pm Long Jump—Men 14/15yr ,Yth.  
6:00 pm Javelin—Women Jr, Sr  
6:15 pm Discus—Women 14/15yr, Yth  
6:15 pm Shot Put—Men Jr, Sr, Oct  
7:00 pm Shot Put—Women 14/15yr, Yth  
8:00 pm High Jump – Men (all ages)

**SATURDAY MULTI EVENTS - APPROXIMATE TIME SCHEDULE**

PENTATHLON (Women 14/15-yr)

2:55 pm 80m Hurdles  
3:30 pm High Jump  
4:30 pm Shot Put  
5:30 pm Long Jump  
7:05 pm 800m

OCTATHLON (Men Yth)

4:00 pm 100m

4:45 pm Long Jump  
6:15 pm Shot Put  
7:30 pm 400m

HEPTATHLON (Women Yth, Jr, Sr)

2:37 pm 100m Hurdles  
3:10 pm High Jump  
4:30 pm Shot Put  
5:50 pm 200m

**SUNDAY, JULY 18/2010**

**TRACK**

9:00 am 110mH Octathlon  
9:05 am 10,000m RW – Women, Men Sr  
10:00 am 5000m RW – Women Jr  
3000m RW – Women Yth  
1500m RW – Women 14/15 yr  
10:35 am 5000m RW – Men Jr  
3000m RW – Men Yth  
1500m RW – Men 14/15 yr  
11:30 am 2000m—Women 14/15-yr  
11:45 am 2000m—Men 14/15-yr  
11:55 am 3000m Final—Men Yth  
12:10 pm 3000m Final—Women Yth, Jr  
12:25 pm 1000m – Men Oct  
12:35 pm 200m Semi Finals—Women 14/15yr  
12:45 pm 200m Semi Finals—Men 14/15yr  
12:55 pm 200m Semi Finals—Women Yth  
1:05 pm 200m Semi Finals—Men Yth  
1:15 pm 200m Semi Finals—Women Jr  
1:25 pm 200m Semi Finals—Men Jr  
1:35 pm 200m Semi Finals—Women Sr  
1:45 pm 200m Semi Finals—Men Sr  
1:55 pm 800 m – Women Hep (all ages)  
2:00 pm 200mHur Final—Women 14/15yr  
2:10 pm 200mHur Final—Men 14/15yr  
2:20 pm 300mHur Final—Women Yth  
2:30 pm 300m Hur Final—Men Yth  
2:40 pm 400m Hur Final—Women Jr, Sr  
2:50 pm 400m Hur Final—Men Jr  
3:00 pm 400m Hur Final—Men Sr  
3:25 pm 200m Finals—Women 14/15yr  
3:30 pm 200m Finals—Men 14/15yr

3:35 pm 200m Finals—Women Yth  
3:40 pm 200m Finals—Men Yth  
3:45 pm 200m Finals—Women Jr  
3:50 pm 200m Finals—Men Jr  
3:55 pm 200m Finals—Women Sr  
4:00 pm 200m Finals—Men Sr  
4:05 pm 200m WC – Women, Men (all ages)  
4:25 pm 800m—Women 14/15yr  
4:30 pm 800m—Men 14/15yr  
4:38 pm 800m—Women Yth  
4:46 pm 800m—Men Yth  
5:00 pm 800m—Women Jr, Sr  
5:08 pm 800m—Men Jr  
5:16 pm 800m—Men Sr  
5:26 pm 800m WC - Women, Men (all ages)

**FIELD EVENTS:**

9:45 am Discus—Men Jr, Sr  
10:00 am Triple Jump—Men 14/15yr, Yth  
10:15 am High Jump—Men Oct  
11:00 am Javelin—Men 14/15yr, Yth  
11:15 am Javelin – Men Oct  
11:00 am Long Jump—Women Hep, 14/15yr, Yth, Jr, Sr  
11:00 am Shot Put—Women Jr, Sr  
11:30 am Pole Vault—Men Jr, Sr  
12:15 pm Long Jump—Men Jr, Sr  
12:00 pm Discus—Men 14/15yr, Yth  
12:45 pm Javelin—Women Hep, 14/15yr, Yth  
2:00 pm Discus—Women Jr, Sr

**SUNDAY MULTI EVENTS - APPROXIMATE TIME SCHEDULE**

HEPTATHLON (Women Yth, Jr, Sr)

11:00 am Long Jump  
12:45 pm Javelin  
1:55 pm 800m

OCTATHLON (Men Yth)

9:00 am 110m Hurdles  
10:15 am High Jump  
11:15 am Javelin  
12:25 pm 1000m